

Insurance Coverage

The following questions are designed to help you better understand your insurance plan and available coverage. We recommend that you call your insurance provider and ask them the following questions prior to booking your Springboard services.

1. Do I have coverage for psychological services provided by a registered member of The College of Psychologists of Ontario? Are there any specific limitations to who provides these services?
2. Do services need to be provided directly by a registered member of The College of Psychologists of Ontario, or can services be supervised?
3. What is the yearly maximum my plan will cover for psychological services? *ex. \$1000/year*
4. Is there a maximum my plan will cover *per hour* for psychological services? *ex. \$225/hr*
5. Will my plan reimburse multiple hours of services on a single day?
6. Do I require a referral from my family doctor?
7. What is my policy's anniversary date? *ex. January 1 of every year.*
8. Does the above information also apply to each of my family members?

If you have questions or concerns about your coverage after talking with your insurance provider, please ask us for a detailed quote in order to have a better understanding of our fees and services.

Psychological Service Providers

Your insurance provider may ask for the name of the registered member of The College of Psychologists of Ontario. We work with:

- Tara Boulden, M.Ed., C.Psych. Assoc.
- Dr. Diana Mandeleew, C.Psych.
- Dr. J. Anne Bailey C.Psych.

Rates for Springboard services

Assessment Hourly Rates

- ADHD Assessment: \$205/hr
- Psychoeducational Assessment: \$185/hr

Coaching/Therapy Hourly Rates

- Treatment Intake Appointment: \$205/hr
- Child, Adult or Parent Coaching/Therapy Session: \$205/hr

Submitting your receipts

Springboard Clinic does not submit your insurance receipt to your provider. You will pay Springboard Clinic directly for services rendered. Once payment and services have been received, we will provide you with your insurance receipt for you to submit to your provider for reimbursement.

We hope the above information will allow you to fully understand your eligibility so that there are no surprises when it comes to submitting your claim.