

Insurance Coverage

Finding out if you have insurance coverage for yourself and/or your family members can be a real hassle. The chart below is designed to help make it a little bit easier. The best way to get started is by calling your provider and asking them the following questions:

Do I have coverage for a registered psychologist?	
Do services have to be directly provided by a registered psychologist or can they be supervised?	
What is my yearly maximum coverage? ex. \$1000/year	
Do I have a maximum hourly rate? ex. \$200/hour up to a maximum of \$1000/year	
Do my family members have coverage, too? If so, how much?	
Does it matter if my appointment is multiple hours on a single day?	
Do I require a referral from my family doctor?	
When does my coverage renew?	

Your insurance provider may ask for the name of the registered Psychologist at Springboard Clinic. We work with both Dr. Diana Mandeleew, C.Psych. and Dr. J. Anne Bailey C.Psych. College of Psychologists of Ontario.

We hope this will allow you to fully understand your eligibility so that there are no surprises when you submit a claim. If after talking to your provider you are still unclear about your coverage, please feel free to ask us for a quote for either assessment or treatment.

Rates for Springboard services

Assessment Hourly Rates

- ADHD Assessment: \$225/hr
- Psychoeducational Assessment: \$175/hr

Coaching Hourly Rate

- Treatment Intake Appointment: \$175/hr
- Child, Adult or Parent Coaching Session: \$196/hr

Submitting your receipts

- Springboard Clinic does not submit your insurance receipt to your provider.
- You will pay Springboard Clinic directly for services rendered.
- Once payment and services have been received, we will provide you with your insurance receipt for you to submit to your provider for reimbursement.